

CBITS

The Cognitive Behavioral Intervention for Trauma **CBITS** program is a unique, well established and tested program that helps foster youth manage and address stressful life events.

The Education Section needs your help to identify more out of home care **Foster youth, ages 10-15** attending the following schools:

Middle schools:

Curtis

Drew

Muir



Foster youth attending these schools are eligible to participate in an exciting group therapy experience.

These 10 weekly, sessions are beneficial because they include foster peers in a supportive group setting facilitated by trained social workers in their school.

Foster Youth will also be linked to tutoring and mentoring and will be provided incentives for their participation.

Please take a moment, share the information with your colleagues and complete the attached referral.

For further information please call or e-mail:

Denise Prybylla, CSA Luis Valdovinos, MSW Intern
Hiliana López, MSW Intern

Education Section (213) 351-5837
Fax (213) 637-0939